



# MEET THE TREKKER

## Featuring DANIEL NARDINO



Hey there Trekker! Let's take a moment to get to know a little more about you.

### Which of the charities will you be representing?

I will be representing the M.S. Foundation

### What's your reason for supporting this charity?

Unfortunately my father suffers directly from Multiple Sclerosis. M.S is a long term disease that affects the central nervous system and brain often resulting in physical limitations and restrictions. To date there is still no cure or treatment for M.S making my push for funding and exposure even more significant.

### What does doing this Trek mean to you?

For me personally, this trek will be about shining some light on three charities and to also raise much needed money for support and awareness. It is also to acknowledge friends and family that have been affected both directly and indirectly. It will also be an individual achievement to make the most of life while I am fit and healthy to do so.

### What do you bring to the Base-d on a cause team?

In contrast to Nordz and his height, I think me being closer to the ground will have a far greater advantages. Smaller height to trip and fall from and I can take shelter under small rocks and boulders. I will ensure I consistently provide really lame puns. @DwayneJohnson WILL be mentioned daily.

### What are you useless at bringing to the team?

Long legs

### Who is most likely not to complete the trek?

If it wasn't for Ryan's extremely competitive nature, I would have to pick him. I think after the first few day's we will cover most topics to talk about as a result my puns will start getting recycled, the boredom will really sink in for old Beach Ryan.

### Who is someone you look up to and why?

It would have to be my Father Andrew Nardino. To see someone go from such a fit, strong and hardworking man to then be physically restricted and immobilised and yet still withhold so much positivity in life is truly inspirational.

### The group has decided to sacrifice one thing each prior to the trip, what is yours?

I am going to give up alcohol for the months of February and March leading up to the hike. Depending on money raised I will shave my head, beard, or maybe both.

### How do you need to prepare for the Trek?

Get physically fit, swim and do some local hikes.

### If there was one thing you hope comes out of this Trek what would it be?

Awareness, support and a great sense of achievement

Thanks for your time Trekker! We're looking forward to watching your journey!



### A Little More....

**Age:** 27

**Nicknames:** Nardy, Bear, Danger Dan, Bear Dingo, Man Hands, Marconi

**Favourite food:** Can't beat home cooked roast Pork (extra crackle)

**Fun fact:** I've worked in over 20 different jobs including, cook, scaffolder, bouncer, landscaper, tour guide, farmer to name a few.

### What is the favourite place you have visited?

I have a soft spot for the Canadian Rockies, the views are spectacular

### Tell me something about you no one else knows about you?

I haven't lived in the same house for 6 months since 2014

### If there was one famous person you could take on the Trek, who would it be?

David Attenborough, I would like his voice to narrate my journey.

### If you could choose a trek nickname what would it be?

T-wrecker, Big Dawg-Little Dawg or the Mountain

### Favourite TV Show?

Any documentary show

### What is something you couldn't do the Trek without?

Mountains

### What concerns do you have about the trip?

The altitude, it's just impossible to train for...Oh and Chaffing