



# MEET THE TREKKER

## FEATURING RYAN POLLOCK



Hey there Trekker! Let's take a moment to get to know a little more about you.

### Which of the charities will you be representing?

I will be representing the Peter McCallum Cancer foundation

### What's your reason for supporting this charity?

A bit over two years ago I lost my beautiful Mother to lung Cancer. Years before that I unfortunately lost my grandmother to the same devastating disease. Cancer directly and indirectly affects so many people's lives and each donation towards cancer research helps find more effective treatments for people with cancer. At PeterMac more than 520 laboratory scientists, clinical-researchers research nurses & other health professionals are working together to discover new & better ways to fight cancer. With our support, their cancer experts are making important advances every day.

### What does doing this Trek mean to you?

Ideally for me the Trek puts me outside of my comfort zone in order to raise awareness and much needed exposure to the three equally important charities. In some ways since I lost my mother I've been somewhat selfish – travelling & partying, with a tendency to profligate my money away. This Trek ultimately gives me a chance to give something back & focus some attention on something important rather than myself. It's not everyday you get the chance to complete the aforementioned whilst also achieving a personal bucket-list item.

### What do you bring to the Base-d on a cause team?

Humour; If we are not laughing (whilst silently struggling & dying) every single day on the Trek then there was no point inviting me. Odour; I intend to completely blacksnake it for the 14 day sweaty hike. Competitiveness; I really hate losing, so no doubt I'll power up the mountain in a 'race' & be the first to succumb to severe altitude sickness.

### What are you useless at bringing to the team?

I have absolutely no outdoor education. I don't really like camping. Hiking boots suck. If the shit hits the proverbial fan, then don't expect me to contribute anything useful, you will not get a secret Bear Grylls, you will get a whinger.

### Who is most likely not to complete the trek?

Maddi – without question. She's skin & bone, and apart from her natural determination in life I think that Nords will be dragging her for the last few legs.

### Who is someone you look up to and why?

My Aunty Janine, She is bigger and more important in my life now than the mountain we are trying to reach. She is always there for everyone; she is strong, compassionate & above all the most selfless person I've ever met. A trait that I hold in such high regard.

### The group has decided to sacrifice one thing each prior to the trip, what is yours?

I don't think I can join Nardy in two months off alcohol, but I'll certainly give it a crack – but I'll shave my head at Base camp. So I guess without hair ill be sacrificing and forgoing my Tinder game.

### How do you need to prepare for the Trek?

I've heard different views on whether being more physically or mentally fit is more important, so I'm going to completely wing it. The behind the scenes preparation about raising awareness for the charity is more important.

### If there was one thing you hope comes out of this Trek what would it be?

Not letting the donators down by not completing the Trek

Thanks for your time Trekker! We're looking forward to watching your journey!



### A Little More....

Age: 28

Nicknames: Poll, Papa, Beach

**Favourite food:** I have a shocking rig and it due to my love of dumplings down the road

**Fun fact:** I did Jazz ballet as a child so I'll use my twinkle toes to bounce up the mountain

**What is the favourite place you have visited?**

Switzerland, if the Himalayas are anything like the Swiss Alps it'll be magical

**Tell me something about you no one else knows about you?**

I haven't cooked more than 10 different meals in my entire life, stick to what you know!

**If there is one famous person you could take on the Trek, who would it be?**

The entire cast of the Inbetweeners for some quality banter hanging it on Maddi the whole way up.

**If you could choose a trek nickname what would it be?**

White Walker, I am pale as hell and it'll take me 6 seasons to get to the end.

**Favourite TV Show?**

It's always sunny in Philadelphia

**What is something you couldn't do the Trek without?**

Money

**What concerns do you have about the trip?**

Listening to Danger Dan's puns 24 hours a day!